

# Idaho Referee Workbook

**Instructions:** As you go through the USSF online presentations, complete the following information for each law as a study guide prior to coming to the clinic.

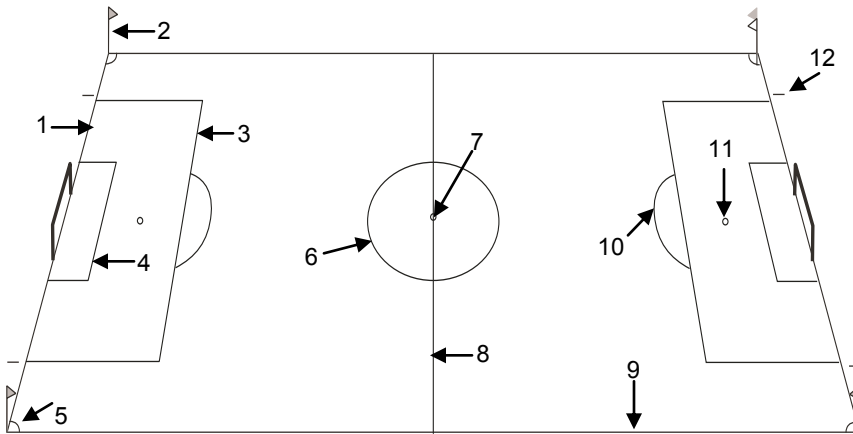
## Law 1—The Field of Play

Fill in the labels from the parts of the field below:

- |          |           |
|----------|-----------|
| 1. _____ | 7. _____  |
| 2. _____ | 8. _____  |
| 3. _____ | 9. _____  |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | 12. _____ |

Provide the distance between the following:

- Center Mark to Center Circle = \_\_\_\_\_ yards  
 Corner Arc to Corner Flag = \_\_\_\_\_ yard  
 Optional Mark to Corner Arc = \_\_\_\_\_ yards  
 Goal Area to Goal Line = \_\_\_\_\_ yards  
 Penalty Area to Goal Line = \_\_\_\_\_ yards  
 Penalty Mark to Goal Line = \_\_\_\_\_ yards  
 Penalty Arc to Penalty Mark = \_\_\_\_\_ yards



Goals **MUST** be  
 securely \_\_\_\_\_  
 or the game  
**CANNOT** be played.

## Law 2—The Ball

It is the responsibility of the \_\_\_\_\_ to inspect all of the balls that are used in the game.

The most important characteristic of the ball is that it must be \_\_\_\_\_ to use.

## Law 3—The Number of Players

*The Number of Players may vary by age. Check the rules of competition before you arrive at your game.*

*For the following questions use the FIFA requirements for Law 3.*

Maximum number of players on the field for one team = \_\_\_\_\_ One player must be the \_\_\_\_\_

Minimum number of players on the field for one team = \_\_\_\_\_ One player must be the \_\_\_\_\_

One team has fewer than 7 players at game time, should the referee allow the game to be started? **Yes** or **No**

## Law 4—Player's Equipment

Five pieces of mandatory equipment (hint: the 5 S's):

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ |          |

Are players allowed to wear jewelry, that is not medically or religiously required? **Yes** or **No**



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## Law 5—The Referee

A referee signals advantage by saying “\_\_\_\_\_” and swings arms forward from waist to shoulder height.

The referee should punish the more \_\_\_\_\_ offense when more than one offense is committed at the same time.

Is a referee allowed to change his/her decision, if they realize their decision is incorrect, prior to a restart? **Yes** or **No**

## Law 6—The Assistant Referee

The assistant referee should always be even with: (*circle one*)

- A. The 2nd to last defender      B. The ball      C. Either A or B, whichever is closer to the goal line

Is an assistant referee allowed to signal a foul that the referee was not able to see? **Yes** or **No**

## Law 7—The Duration of the Match

*The duration of the match may vary by age. Check the rules of competition before you arrive at your game.*

*For the following questions use FIFA requirements for Law 7*

A game consists of \_\_\_\_\_ equal halves of \_\_\_\_\_ minutes.

Must a game have a half time? **Yes** or **No**

Allowances for time lost: (*circle those that apply*)

- Substitutions      Removal of Injured Players      Any other reason  
Assessment of Injured Players      Wasting Time

## Law 8—The Start and Restart of Play

For a dropped ball, the ball should be dropped from the waist height of the \_\_\_\_\_.

The ball is in play from a dropped ball when the ball touches the \_\_\_\_\_.

Can a player be penalized for offside if they receive the ball directly from a dropped ball? **Yes** or **No**

A ball is in play from a kick-off when it is \_\_\_\_\_ and clearly \_\_\_\_\_.

All players must be in their own \_\_\_\_\_ of the field of play at a kick-off except for the \_\_\_\_\_.

When is a kick-off the correct start/restart of play?

- A. Start of the game      C. At the start of the second half      E. All of the above  
B. After a goal is scored      D. At the start of extra periods

If the player taking the throw-in touches the ball for a 2nd time before any other player touches it which type of free kick is awarded to the opposing team? **Direct Free Kick** or **Indirect Free Kick**

## Law 9—The Ball In and Out of Play

The ball is out of when:

1. The \_\_\_\_\_ ball crosses the whole \_\_\_\_\_ line or the whole \_\_\_\_\_ line, in the air or on the ground.
2. The \_\_\_\_\_ blows the whistle to stop play.

Is a ball in play if it rebounds off the goal post, crossbar or corner flag and stays in the field of play? **Yes** or **No**

## Law 10—The Method of Scoring

A goal is scored when.....

The \_\_\_\_\_ ball crosses the whole \_\_\_\_\_ line, between the goal \_\_\_\_\_,  
under the \_\_\_\_\_ bar and the \_\_\_\_\_ team has not committed a foul.



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## Law 11—Offside

A player is in an offside position if they are closer to the opponent's \_\_\_\_\_ line than the \_\_\_\_\_ or the 2nd to last \_\_\_\_\_.

Can a player be penalized for an offside infraction if they are in their own half of the field? **Yes** or **No**

The \_\_\_\_\_ should raise their flag to signal for an offside infraction if a player is in an offside position and receives the ball from a pass or touch made by a \_\_\_\_\_.

A player becomes "actively involved" in play by: (*circle one*)

- A. Interfering with play
- B. Interfering with an opponent
- C. Gaining an advantage
- D. A, B & C are all correct

There is no offside offense if a player receives the ball directly from: (*hint: three of restarts*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Law 12—Fouls and Misconduct

The four (4) requirements for a foul are:

- The \_\_\_\_\_ must be in play,
- the action must occur on the \_\_\_\_\_ of play,
- It must be committed by a \_\_\_\_\_,
- And must be against an \_\_\_\_\_.

Fouls are divided into two categories, based on the restart of play awarded:

\_\_\_\_\_ and \_\_\_\_\_

There are 10 direct free kick fouls: (*hint: 1 with the mouth, 2 with the body, 3 with the legs & 4 with the arms*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

There are 8 indirect free kick fouls: (*hint: 4 by the goalkeeper and 4 other reasons*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

List the 6 reasons to issue a caution (yellow card))

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

List the 7 reasons to issue a send-off (red card)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_



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## Law 13—Free Kicks

There are two types of free kicks resulting from a foul: \_\_\_\_\_ or \_\_\_\_\_.

A ball is in play from either a direct or indirect free kick when it is \_\_\_\_\_ and clearly moves.

Can a goal be scored directly from an indirect free kick? **Yes** or **No**

Can you award a goal if a team kicks a free kick into their own goal, without anyone else touching it? **Yes** or **No**

Opponents must be \_\_\_\_\_ yards away from the ball at the taking of a free kick.

## Law 14—The Penalty Kick

A penalty kick is awarded when the \_\_\_\_\_ team commits a direct free kick foul, inside their own \_\_\_\_\_ area and while the \_\_\_\_\_ is in play.

Opponents must be outside the \_\_\_\_\_ area and the \_\_\_\_\_ arc, plus behind the \_\_\_\_\_ mark.

A ball is in play from a penalty kick when it is \_\_\_\_\_ and \_\_\_\_\_ **forward**.

If the player taking the penalty kick touches the ball for a 2nd time before any other player touches the referee should award an Indirect Free Kick to the opposing team? **Yes** or **No**

## Law 15—The Throw-In

A throw-in is taken when the whole ball crosses the whole \_\_\_\_\_ line, in the air or on the ground.

Opponents must be \_\_\_\_\_ yards away from the spot where the throw-in is taken.

A proper throw-in procedure requires:

The player to face the \_\_\_\_\_, have both \_\_\_\_\_ on the ground on or outside the \_\_\_\_\_ line, and the ball must come from behind and over the player's \_\_\_\_\_.

A ball is in play from a throw-in when it leaves the player's \_\_\_\_\_ and enters the \_\_\_\_\_ of play.

If the player taking the throw-in touches the ball for a 2nd time before any other player touches it which type of free kick is awarded to the opposing team? **Direct Free Kick** or **Indirect Free Kick**

## Law 16—The Goal Kick

A goal kick is taken when the whole ball crosses the whole \_\_\_\_\_ line, in the air or on the ground, and last touched by a player on the \_\_\_\_\_ team.

Opponents must be outside the \_\_\_\_\_ area at when a goal kick is taken.

A ball is in play from a goal kick when it is \_\_\_\_\_ and leaves the \_\_\_\_\_ area.

If the ball fails to leave the \_\_\_\_\_ area from a goal kick the kick is retaken.

If the player taking the goal kick touches the ball for a 2nd time after it has left the penalty area, and before any other player touches it, which type of free kick is awarded to the opposing team? **Direct Free Kick** or **Indirect Free Kick**

Can a goal be scored directly from a corner kick? **Yes** or **No**

## Law 17—The Corner Kick

A corner kick is taken when the whole ball crosses the whole \_\_\_\_\_ line, in the air or on the ground, and last touched by a player on the \_\_\_\_\_ team.

Opponents must be \_\_\_\_\_ yards away from the \_\_\_\_\_ arc when a corner kick is taken.

A ball is in play from a corner kick when it is \_\_\_\_\_ and clearly moves.

If the player taking the corner kick touches the ball for a 2nd time before any other player touches it, which type of free kick is awarded to the opposing team? **Direct Free Kick** or **Indirect Free Kick**

Can a goal be scored directly from a corner kick? **Yes** or **No**

